



# FIRST 5 S H A S T A

## Kit for New Parents

### DISTRIBUTION PARTNERS

Expectant and new parents...your baby doesn't come with a manual.

The Kit for New Parents comes close!

**ASK for your free KIT when receiving services from:**

#### **HEALTH/MEDICAL**

##### **Amber Healthcare for Women**

Cheryl Serr, MD

##### **Fly By Night Delivery Service**

Nora McNeil, Midwife

##### **Mayers Memorial Hospital** (Fall River Mills)

##### **Mercy Family Health**

##### **Mercy Maternity Clinic**

##### **Mercy Medical Center** (Childbirth Classes, Maternity Tours)

##### **Mountain View Family Medical Group**

Jennifer Moranda, MD

##### **Redding Rancheria Indian Health**

##### **Shasta County Public Health – Burney**

##### **Samuel Van Kirk, MD**

##### **WIC** (Women, Infants, Children)

#### **FAMILY/PARENT PROGRAMS**

##### **Bright Futures Program** (Burney, Round Mountain, Shingletown)

##### **Children First Parent Partners** (Home Visitors – Child Abuse Prevention Council)

##### **New Directions to Hope**

##### **Right Road Recovery**

##### **Rowell Family Empowerment – Spanish Kits only**

##### **Shasta Children and Family Services** (Parent Partners & Home Visitors)

##### **Youth and Family Programs** (Foster Parents, Birth Parents, Parenting Classes)

#### **EDUCATION**

##### **Cal-SAFE Program** (California School Age Parenting Education)

Shasta Union High School District

##### **Rancheria Head Start**

**School Readiness Programs** – Cypress Elementary, Happy Valley Primary, Juniper School, and Rother Elementary School

##### **Shasta Head Start** (Home Visitors)

**Learn more: [www.first5shasta.org](http://www.first5shasta.org)**