



Celebrate Dads Today and Every Day!

As their children's first teacher, dads play an essential role in shaping their young lives. In honor of Father's Day, below are ways dads can spend quality time with their kids to create meaningful learning opportunities.

- **Get involved early.** Take an active role in caring for your newborn to help strengthen the bond between dad and baby right from the start!
- **Make every moment count.** Daily activities provide chances to learn new things all day. For example, encourage your child to point to shapes, colors, and words when riding in a car or bus together.
- **Go on a field trip.** Visit local museums, events, or the library to engage your child on a variety of topics, such as animals or science.
- **Read out loud.** Reading to your children is one of the best ways to begin teaching them important literacy skills.

For more information about early childhood development, call First 5 Shasta at 229-8300 or visit www.first5shasta.org and www.first5california.com/parents.



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