

GET READY FOR SCHOOL!

The first day of school is an exciting time for young children. Below are key tips to help prepare your child for the first day of preschool or kindergarten.

Plus, here is a certificate to honor the first day!



Set a schedule. Setting a regular bedtime and morning routine each day helps get your child used to a school schedule.



Meet the teacher. Before the first day of school, introduce your child to his or her new teacher and tour the school. This will help your child know what to expect on the first day.



Practice at home. Spend time with your child doing things they will do in class. Practice storytime! Help them learn how to use supplies like glue sticks, scissors and crayons.



Certificate of Achievement

(Name)

successfully completed the first day at

(Name of school or child care program)

on

(Date)



First 5 Shasta

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