

NO “BUTTS” ABOUT IT

Children may never smoke a cigarette. But that doesn't mean their bodies are tobacco free.

The harmful effects of secondhand smoke can cause disease and even death in children. That's why it's illegal in California for adults to smoke in a car with kids present.

Follow the law and don't light up.

If you are interested in quitting smoking, call the California Smokers' Helpline at 1-800-NO-BUTTS.

For more support, contact First 5 Shasta at 229-8300 or visit us at www.first5shasta.org.

FIRST 5
S H A S T A



CALL IT QUITTS
1-800-NO-BUTTS

SMOKE-FREE CARS WITH CHILDREN:
IT'S THE LAW